Oral Health Conference & Exhibition
21 & 22 November 2014
ACC, Liverpool

competence confidence and clarity

The first 300 delegates to register* will receive the new Oral-B PRO 6000 SmartSeries toothbrush absolutely FREE
Register now @ www.bsdht.org.uk

*TAG apply

In association with Denplan
At the heart of dental care
This year our Oral Health Conference and Exhibition is again being held in Liverpool at the impressive ACC - a fantastic venue set within an amazing location in the city - overlooking the River Mersey and close to landmarks such as the Albert Dock, Tate Gallery, and many historic buildings.

I’m delighted to introduce the comprehensive programme that BSDHT President Elect, Michaela O’Neill and her programme planning committee have put together for you. The theme of this year’s two-day event is ‘competence, confidence and clarity’ and the jam-packed programme will reflect each of these key words.

As always the Conference will incorporate a large exhibition where delegates can visit numerous trade stands, meet colleagues and friends from the profession, and look for the best deals and the newest products or services on offer in terms of dental supplies and services.

The conference will celebrate 65 years of the Society and delegates are invited to join the President’s Reception on the Friday evening for a glass of fizz and to enjoy the sounds of the The Deltatones - a great duo with an extensive repertoire from the 1950s onwards!

I hope that you all enjoy this year’s conference and look forward to meeting you there.

Julie Rosse - BSDHT President
### FRIDAY 21 NOVEMBER 2014

<table>
<thead>
<tr>
<th>Time</th>
<th>Main Session</th>
<th>Parallel Sessions</th>
<th>Workshops</th>
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<tr>
<td>08.30 hrs</td>
<td>Opening of Conference</td>
<td>Radiology and the changed Scope of Practice: opportunities and implications</td>
<td>Confidence when resolving complaints</td>
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<td>09.00 hrs</td>
<td>From supportive beginnings to being in charge: sharing the learning</td>
<td>Continuing assurance of practice in dentistry - developments in professional regulation</td>
<td>Clear, confident and competent clinical audit</td>
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<td>10.45 hrs</td>
<td>Poster price</td>
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<td>11.50 hrs</td>
<td>Confidence demystified</td>
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<td>12.50 hrs</td>
<td>Can DCPs screen for common oral diseases?</td>
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Programme is subject to change
08.30 – 09.00hrs
Registration, refreshments and exhibition

09.00hrs
Opening of Conference
Julie Rosse, BSDHT President

09.15hrs
From supportive beginnings to being in charge: sharing the learning
Professor Cynthia Pine CBE, FCGI

In a career of over 30 years, I have come from being a house officer under the care of supportive and unsupportive consultants and being a junior researcher and teacher to being in charge of over 450 staff heading a multi-professional faculty and running a Dental School. Much has been experienced on the way, mirroring the development of DCPs from supportive professionals to being in charge and independent registrants. Today provides an opportunity to share experiences and lessons learned.

Sponsored by Colgate

09.15hrs – parallel session
Radiology and the changed Scope of Practice: opportunities and implications
Professor Keith Horner BChD, MSc, PhD, OdontDr (h.c.), FDSRCPs, FRCR, DDR

The change in the GDC Scope of Practice for hygienists and therapists creates an opportunity to play a more complex and challenging role in diagnosis and patient management, but carries with it responsibilities with regard to competence in interpretation and proper selection of radiographic techniques. The lecture will explore the various ramifications and implications for education of hygienists and therapists.

Sponsored by Colgate

10.15hrs
Confidence when resolving complaints
Leo Briggs BDS, MSc

The workshop will look at the common causes for complaints in Dentistry and at ways to try and resolve complaints swiftly to help prevent them escalating.

Sponsored by DDU

10.45hs
AGAM (Open to BSDHT members only)
Followed by
Installation of President 2014/2016
Presentation of Dr Leatherman Award

11.50hrs
Minimal intervention periodontics
Ian Dunn BChD, MF GDP (UK), MSc (Perio)

The session will look at the way that periodontal treatment has moved away from very aggressive treatments and large surgical interventions and how we can do less to our patients to achieve the same clinical outcomes. We will also look at some novel technologies that can help us in this minimal intervention approach.

Sponsored by Optident

11.50hrs – parallel session
Continuing assurance of practice in dentistry – developments in professional regulation
Claire Herbert

The presentation will broadly cover:
• Developing approaches to ‘continuing assurance’ in regulation
• The contribution of CPD
• Proposals for the future.

Sponsored by the General Dental Council

11.50hrs – workshop
Clear, confident and competent clinical audit
Dr Andrew Toy MM edSci, BDS, MF GDP(UK), PG Cert Mentoring in Dentistry

Clinical audit will build your personal evidence base of good practice and help boost your confidence. This workshop will help you clarify exactly what clinical audit is, and how you can use it in your daily practice to improve your care of patients.

This session is limited to 45 participants

Sponsored by the General Dental Council

12.50hrs
Light lunch and exhibition

14.15hrs
2014 poster prize
Sponsored by Waterpik

“Competence: the ability to do something successfully or efficiently”
Every patient expects to be treated by a confident dental care professional. This is not an unreasonable expectation however in reality occasions arise when we lack confidence to various degrees. This session is an opportunity to examine our “confidence”.

Sponsored by Phillips

14.30hrs – parallel session

Why obvious advice isn’t always good advice; the role of the dental professional in helping patients quit smoking

Alex Bobak & Jo Dickinson

Emerging evidence is showing that tobacco use is having a massively negative effect on the oral cavity. We can now be certain that the control of periodontal disease and peri-implant disease is no longer just about plaque control but consideration of various risk factors such as smoking. Therefore, every dental professional should be confident in delivering effective smoking cessation support. As the incidence of oral malignancy is expected to rise sharply dental professionals need to be aware of risk factors and be able to approach the subject professionally.

Sponsored by GSK

14.30hrs – workshop

Posterior composites: occlusal templates and bulk filling techniques

Gavin Kellett

This workshop will cover the theory and practical hands on advice to enable dental therapists to provide aesthetically pleasing and long lasting posterior composite restorations. The session will focus on using occlusal templates and the bulk filling technique to recreate the natural anatomy of the tooth.

This session is limited to 15 participants

Sponsored by Ivoclar Vivadent

15.30hrs

Refreshments and exhibition

16.15hrs – parallel session

The use of homeopathy in dentistry, and an alternative method of practising

Brian Teall LDS (Bham), DF Hom(Dent)

The session will describe the uses of homeopathic remedies in dental practice and the patient response to their use. He will talk about a method of cavity preparation which does not require local anaesthetic.

Sponsored by Optident

16.15hrs – workshop

Implant maintenance & tissue management

Juliette Reeves

This hands-on workshop is designed to provide an overview of current concepts in the care and maintenance of implants and the surrounding periodontal tissues.

This course is suitable for hygienists and therapists from both specialist and general practice to confidently design an individual maintenance programme for the implant patient.

This session is limited to 20 participants

Sponsored by Optident

17.15hrs

President’s Reception

Delegates are invited to join newly installed President Michaela ONeill celebrate 65 years of the Society with music from the Deltatones.

Complimentary tickets for the reception can be booked when you register

19.00hrs

Conference closes

Full details about the speakers and their sessions can be found @ wwwbsdht.org.uk (click on conference link on homepage)

“Confidence: a feeling of self-assurance arising from an appreciation of one’s own abilities or qualities”
08.30 – 09.00hrs
Registration, refreshments and exhibition

09.00hrs
Opening address
Michaela O'Neill, BSDHT President

09.10hrs
Professionalism and our ethics
Dr Catherine Rutland MA Medical Ethics and Law, BChD
We will look at whether professional ethics are any different to any other ethics and how we can relate these to the standards we are expected to work to.

09.10hrs – parallel session
Practical strategies for building your self confidence
Annabel Sutton BA (Hons), PCC
This session will be informal and interactive. It will explore the issue of confidence and offer practical tips and strategies for building confidence, such as:
• Learning to appreciate ourselves and celebrate our achievements
• Using confident language
• Overturning limiting beliefs
• Building a support team
• Setting confident goals
Each delegate will be provided with a worksheet which they can use during the session and take home with them.

09.10hrs & 10.50hrs – workshop
Implant maintenance and tissue management
Juliette Reeves
This hands-on workshop is designed to provide an overview of current concepts in the care and maintenance of implants and the surrounding periodontal tissues.
This course is suitable for hygienists and therapists from both specialist and general practice to confidently design an individual maintenance programme for the implant patient. This session is limited to 20 participants.

10.00hrs
Refreshments and exhibition

10.10hrs
Neurolinguistic programming – be a detective of human behaviour
Professor Elizabeth Kay BDS, MPH, PhD, FDSRCPs, FDSRCS, FFGDP
This session aims to demonstrate to you how the techniques used by marketing organisations are just as applicable to the promotion of oral health as they are to selling products. The presentation will describe how trust is built between individuals and how to accelerate the building of a trusting relationship, by communicating with your patient in their preferred ‘channel’ the talk will focus on how to read another person’s mental ‘map’ and then use that information in order to help them achieve positive outcomes. By learning the techniques of NLP your patients will keep appointments, improve their home care, and cope much better with treatment.

10.50hrs – parallel session
Xylitol as a tool for preventative dentistry
Dan Shrimpton
Time and time again, clinical research has shown xylitol’s ability to reduce plaque and incidence of caries. In other countries its use for preventative dentistry is well established but in the UK there is work to do to raise awareness.
This session will cover a detailed introduction to xylitol, its mechanisms of action and the main research findings.

12.00hrs
Oral cancer – can you spot it?
Professor Mike Lewis PhD, BDS, FDSRCPs, FDSRCS(Eng), FRCPath, FFGDP(UK), FHEA
Approximately 7,000 new cases of oral cancer are diagnosed in the UK each year. Despite improvements in surgical management and use of radiotherapy, the 5-year survival of this devastating disease remains poor at 50%. Detection of lesions when small (less than 2cm in diameter) is a major factor that is associated with improved prognosis. Full examination of the oral soft tissue is an essential component of every routine dental examination. In addition, a number of special investigations that can be employed to aid early detection of malignant and potentially malignant conditions are available.

“Clarity: the quality of being clear, in particular the quality of being coherent and intelligible”
12.00hrs – parallel session
Confidence when resolving complaints
Leo Briggs BDS, MSc
This session will look at the common causes for complaints in dentistry and at ways to try and resolve complaints swiftly to help prevent them escalating.  
Sponsored by DDU

12.00hrs
Research Group meeting

13.00hrs
Light lunch and exhibition

14.15hrs
Dry mouth – can MI save the day?
Professor Avijit Banerjee BDS MSc PhD (Lond)
LDS FDS (Rest Dent) FDS RCS (Eng) FHEA
This session summarises the team-care approach to the dental management of patients suffering altered salivary production / function – dry mouth (xerostomia).  
Sponsored by P&G

14.15hrs – parallel session
Do you have a Wild Smile?
Lizzy Felix
The presentation will launch “A Wild Smile”, an on line educational resource introducing 9 animal characters and their stories. The poems are based on different Oral and General Health messages and acknowledge Heart your Smile 9 habits of a happy dental professional. We will show how the lesson plans we have developed, which follow National Curriculum objectives, can be used in schools independently or led by a dental healthcare professional. These downloadable educational resources will guide the user through a project that will help to improve dental healthcare and awareness in the community.  
Sponsored by Heart Your Smile

14.15hrs – workshop
Form follows function; busting the myth of ultrasonic insert selection
Gail Malone RDH, BS
This workshop is based on the current scientific literature and evidence based strategies to provide clinicians practical guidelines regarding the selection of proper ultrasonic insert tip designs for thorough debridement and biofilm removal.  
This session is limited to 40 participants.  
Sponsored by Dentsply

15.15hrs
Refreshments

15.45hrs
BOP & BAP: Is there more? From risk to results; periodontal instrumentation for the advanced practitioner
Gail Malone RDH BS
This session is based on current scientific literature providing the clinician with evidence based tools and strategies which include the use of periodontal risk assessment protocols, salivary diagnostics, incorporation of the dental exam and progressive treatment planning.  
Advantages of ultrasonic instrumentation will be examined as demonstrated in the current research for obtaining successful clinical outcomes while providing comprehensive patient care.  
Sponsored by Dentsply

15.45hrs – parallel session
Prescription drugs and the oral cavity
Dr Phil Atkin MBBS, BDS, MSc, MFDS, FDS (Oral Medicine) RCPSG, FDS RCS Eng, FHEA
The speaker will provide an update on the effects of prescribed and over the counter medications on the hard and soft tissues of the oral cavity.  
Sponsored by Dentsply

15.45hrs – workshop
Posterior composites: occlusal templates and bulk filling techniques
Gavin Kellett
This session will cover the theory and practical hands on advice to enable dental therapists to provide aesthetically pleasing and long lasting posterior composite restorations. The session will focus on using occlusal templates and the bulk filling technique to recreate the natural anatomy of the tooth.  
This session is limited to 15 participants  
Sponsored by Ivoclar Vivadent

16.45hrs
Closing address and announcements
Michaela O’Neill, BSDHT President
Professor Francis Hughes

Full details about the speakers and their sessions can be found @ wwwbsdht.org.uk (click on conference link on homepage)

Programme is subject to change

Johnson & Johnson have provided an educational grant to support speaker costs at this meeting
Delegate registration fees

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<th>Friday 21 November £</th>
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Registration Fees for bookings received after 27 October 2014 - online bookings only

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Delegate fees include attendance to all conference sessions (parallel sessions and workshops must be pre-booked), lunch and refreshments on the day(s) booked and a delegate bag. The rates do not include accommodation.

Social event - Celebrating 65 years of BSDHT
The conference will celebrate the organisation’s 65th birthday and delegates are invited to book a complimentary ticket for the President’s Reception on the Friday evening for a glass of fizz and to enjoy the sounds of the ‘Deltatones’ – a great duo with an extensive repertoire from the 1950s onwards!

Poster competition
BSDHT are inviting colleagues to submit posters for the 2014 BSDHT and Waterpik Poster Competition. Full details, including how to enter the competition can be found on the BSDHT website – wwwbsdht.org.uk

CPD
All presentations meet the requirements of the GDC’s lifelong learning scheme. Delegates will be scanned in and out of presentations, and a cumulative total will be recorded on certificates. CPD certificates will be available online upon completion of a conference evaluation form – full details will be sent via email following the event.

Accommodation
For further details please visit wwwbsdht.org.uk

Early bird
This rate is only available until 26 October 2014.

Online bookings
Online booking opens on 1 September 2014. Bookings will be accepted until midday on 20 November 2014 (subject to availability).

Cancellation policy
Cancellations received in writing before 27 October will incur a 25% administration charge. For cancellations received after this date no refunds will be made.