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BRITISH SOCIETY OF DENTAL HYGIENE & THERAPY

promoting health, preventing disease, providing skills

Eastern Region Spring Scientific Meeting

Dear Colleagues

Please find the attached programme for our Spring Scientific Meeting to be held on Saturday March 24th at the Postgraduate Centre, West Suffolk Hospital, Bury St Edmunds, Suffolk IP33 2QZ. It should be a really good meeting with fantastic speakers.

Please read this letter carefully –especially the notes on Parking – as, once again, there are changes to the parking arrangements.

We have two excellent speakers and a Dental Trades exhibition so that you can catch up on the latest dental products. Anyone who heard Phil Ower speak at the National Conference a couple of year's ago will attest to the fact that he is an inspirational speaker. In the afternoon we have Joe Ingham from Dental Protection, who will bring us up to date on all Dento-legal and ethical matters. Please note that Joe replaces Mike Clarke, who is unfortunately unable to attend.

We can now claim CPD time for attendance at the trades exhibition. Please note that registration closes at **9.30am** to allow delegates and Committee members time to visit the stands – persons arriving after this time will unfortunately not qualify for the extra CPD.

The meeting qualifies for 5 hour's of verifiable CPD.

Please return your application form as promptly as possible –the cut –off date for applications is Friday 9th March. Please note that places are limited and late entries cannot be accepted.

The Hospital is situated on Hardwick Lane, Bury St Edmunds and is best approached from Junction 44 of the A14 –the hospital is clearly signposted from here.



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The parking arrangements are different from the last meeting. We are now permitted to park in **Car Park E** adjacent to the centre. Permits will be available at the Meeting Registration. The cost for parking will be £4.40p and you will need to pay at the Registration desk in cash or with a cheque made payable to 'VINCI PARK'.

New Committee Members

It was announced at the Annual General Meeting at the Autumn Meeting that two positions are coming up for reappointment on the Committee: that of Chairman and that of Treasurer. These posts will become vacant in the Autumn. If you would like to nominate someone for either position, or volunteer yourself, would you please email Sheila.Berry@ntlworld.com with the details.

The Chairman's role involves organizing and running two meetings a year – selecting speakers and choosing a venue. I have held this post for almost 5 years now and found it very interesting. It has given me greater confidence in addressing a group of delegates and I have very much enjoyed dealing with the speakers, who I find, without exception, are very generous with their time. I now feel that it is time to hand over to a new person with different ideas. It would be great to have a Hygienist/ Therapist in the post to give the meetings a wider focus in line with the growing responsibilities of the profession.

The Treasurer's role is to monitor the finances of the Regional Group, to pay the bills and collect in monies from delegates and from the many Dental Companies who sponsor our meetings. The Treasurer also presents the details of the Regional Group's accounts at the Annual General Meeting in the Autumn.

Both these roles are part of a wider Committee of 5 members – in effect we work as a team to put on the 2 meetings a year. The duties are not onerous and certainly do not take up excessive amounts of time. There are 2 short bursts of activity before the Spring and Autumn meetings when a few hours work may be necessary and the odd hour here and there during the rest of the year. The posts



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are eligible for a small honorarium of £150 per year, plus a contribution towards attendance at the National BSDHT Conference. Admission to our regional meetings is free.

If you would like to discuss the roles in more detail, please contact the Chairman, Sheila Berry at Sheila.Berry@ntlworld.com or the Treasurer, Yasmin Peachey at Yazpeachey@aol.com

Please consider taking on one of these roles –it will broaden your professional experience, perhaps open up new possibilities of working for the National Group, it looks great on your CV and your boss will be impressed too.

Both Yasmin and I are happy to be shadowed for the remainder of the year and will happily support you in your first months in the role. The Spring meeting for 2013 will need to be planned soon – I am happy to help any prospective Chairman with this and I have a long list of speakers waiting to come along.

We look forward to welcoming you to the Meeting in March.

Sheila Berry

Chairman, BSDHT Eastern Regional Group and Committee Members