

Dental Teams across Thames Valley and Wessex

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Communication from Health Education England Thames Valley and Wessex Dental School

Covid-19 and educational opportunities and support for all Dental Teams

In these exceptional circumstances, and within a constantly evolving situation, we thought it might be helpful to highlight some of the online opportunities currently available **free of charge** for dental teams. We hope that you and your teams stay safe and well.

Mental Health and Wellbeing

Stress levels are understandably high at this challenging time. We hope that the four online courses we have commissioned from Embrace Resilience will help. The courses are all provided free of charge and are available for all dental team members including those who are not on the dental register. The courses are:

- Change and Resilience – this course covers behaviour change and how to build personal resilience
- Mental Health: Body and Mind – this course explains the links between physical and mental health and enables learners to establish routines beneficial for the mind and body
- Managing Stress and Anxiety – this course will assist learners to manage everyday causes of anxiety and resultant stress
- Work-Life Balance – this course explores the balance between work commitments and other interests to support learners to achieve a work-life balance which improves their health.

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To enable an inclusive approach for all practice team members to avail of this support, it is not necessary to input a GDC number as part of the registration process. All participants can download a certificate which demonstrates two hours CPD for each course. For those with a GDC number, this certificate complies with the GDC Enhanced CPD requirements. We hope that this initiative will be welcomed by practices and individuals to address and demonstrate their engagement in supporting the important issue of the mental health and wellbeing of all the team. Access to this training is available via the Midlands and East Dental School website <https://heeoee.hee.nhs.uk/dental>

e-Learning for Healthcare

e-Learning for Healthcare is a HEE programme which works in partnership with NHS and professional bodies to support patient care by providing e-learning. In the past, it has not been possible to download GDC e-CPD compliant certificates for all courses which are helpful to dental teams. We have worked with e-Learning for Healthcare to generate Enhanced GDC CPD compliant certificates for the following courses:

- Alcohol and Tobacco brief interventions
- Conflict Resolution Level 1
- Data Security Awareness Level 1
- Dementia
- e-IRMER Ionising Radiation (medical exposure)
- Equality, Diversity and Human Rights
- Female Genital Mutilation
- Fire Safety Level 1
- Health, Safety and Welfare
- Infection Prevention and Control Level 1
- Infection Prevention and Control Level 2
- Making Every Contact Count
- Mental Capacity Act
- Moving and Handling Level 1
- Resuscitation Level 1
- Safeguarding Adults Level 1
- Safeguarding Adults Level 2
- Safeguarding Children Level 1
- Safeguarding Children Level 2
- Sepsis

If you are not already registered with e-Learning for Healthcare, you will need to do this by accessing the e-Learning for Healthcare home page: <https://www.e-lfh.org.uk/>. Once logged in, the full list of programmes (including those featured in more detail below) is available on the e-LfH Hub “Full Catalogue” page. Once you have completed any of the above courses, you must first generate a course completion certificate from the e-LfH Hub.

Following this you must complete the relevant Enhanced CPD form, referring to the course completion certificate. The Enhanced CPD forms can be accessed from the bottom of the “Dentistry” page of e-LfH in the “Enhanced CPD” section <https://www.e-lfh.org.uk/programmes/dentistry/>. Please note that both the relevant course Enhanced CPD form and the accompanying e-LfH Hub course completion certificate should be kept as evidence in your records to demonstrate you have completed verifiable CPD, should the GDC request it.

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e-Learning for Healthcare – e-Den

e-Den is an engaging and interactive learning resource delivered through a partnership between the Royal College of Surgeons of England and Health Education England e-Learning for Healthcare.

The e-Den curriculum is designed to develop a competent, caring, reflective practitioner. Educational content covers many branches of dentistry and supports the continual professional development (CPD) of dental care professionals and experienced dentists.

Sessions have been written by subject specialists and are typically 20 minutes long. Users can dip in and out of the sessions as they wish. The aim is to provide an engaging and interactive learning resource that is compatible with a busy professional life.

GDC Enhanced CPD compliant CPD is available for all modules. The Enhanced CPD forms can be accessed from the bottom of the “Dentistry” page of e-LfH in the Enhanced CPD section <https://www.e-lfh.org.uk/programmes/dentistry/>. Please note that both the relevant course Enhanced CPD form and the accompanying e-LfH Hub course completion certificate should be kept as evidence in your records to demonstrate you have completed verifiable CPD, should the GDC request it.

e-Learning for Healthcare – Children’s Oral Health Advice for All

Children’s Oral Health Advice for All aims to improve the knowledge of the general public and early years healthcare workers regarding children’s oral health. It introduces Delivering Better Oral Health to non-clinical staff providing appropriate evidence to support key messages. It also introduces learners to ways in which they can support parents to develop good oral health habits through effective behaviour change conversations. This resource can be used to upskill the entire dental team including those performing reception or other non-clinical duties.

e-Learning for Healthcare - Dental Health module of RCPCH Healthy Child Programme
The Dental Health Promotion module of the Royal College of Paediatrics and Child Health’s Healthy Child Programme aims to enhance the knowledge and skills of those who come into contact with children regarding oral health and factors that predispose to poor oral health. Promoting oral health in the infant and young child forms an integral part of this session.

All e-Learning for Healthcare courses are available immediately and are free of charge.

GDC Enhanced CPD course

Changes to the GDC requirements regarding CPD were rolled out starting on 1 January 2019. All registrants are now required to have a Personal Development Plan, complete GDC Enhanced CPD and evidence this. To assist registrants with achieving the new expectations in a GDC compliant way, HEE have worked with Cambridge University Hospitals Foundation Trust and developed a free of charge online learning course which also provides one hour of GDC compliant CPD. This course can be accessed at <https://elearning.cam-pgmc.ac.uk/>

Kind regards
Yours sincerely

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Health Education England Thames Valley and Wessex

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