Dental Hygienists are excellent in the way they communicate. They work with the dental team as well as other health care professionals to ensure they deliver the best care for your needs. They will always discuss their findings with you and ensure you’re given the information you need to make decisions about your care.

When visiting your Dental Hygienist they assess your oral health needs and explore factors that can affect the progression, severity and prevalence of periodontal diseases. They also carry out routine checks such as mouth cancer screening and dental radiography.

Did you know? Dental Hygienists also investigate links between your oral health and how they might affect your overall health.

Your Dental Hygienist makes a personalised treatment plan for your oral health needs. This will include highlighting the areas you might be missing at home, removing the soft and hard deposits from your teeth and working with you to help control risk factors that can affect the severity and progression of periodontal diseases.

Did you know? Dental Hygienists can apply protective sealants and varnishes to the teeth as well as take impressions and give local anaesthetic.

Your Dental Hygienist helps you to find the best ways to improve your oral health and keep you motivated at home! This might include helping you with tips and tricks to get to those hard to reach areas with your toothbrush or finding the best aids to help you keep your teeth sparkly clean!

Dental Hygienists are passionate about promoting good oral health practice, working holistically and helping patients to maintain their oral health by preventing and treating periodontal diseases.