



Certificate

this document certifies that



attended a **BSDHT First Smiles** visit
and has now gained all the knowledge they need
to take care of their teeth!



BSDHT

The British Society of Dental Hygiene & Therapy

in partnership with





I brushed my teeth!



Name:

Week 1



Monday

☐☐

Tuesday

☐☐

Wednesday

☐☐

Thursday

☐☐

Friday

☐☐

Saturday

☐☐

Sunday

☐☐

Week 2



Monday

☐☐

Tuesday

☐☐

Wednesday

☐☐

Thursday

☐☐

Friday

☐☐

Saturday

☐☐

Sunday

☐☐

BSDHT

The British Society of Dental Hygiene & Therapy

in partnership with

