

Friday 27 November

08:00	**Registration**
08:00	**Exhibition and refreshments open**

Throughout the day	**Hands-on workshops NSK stand on Air polishing & beyond: Biofilm, behaviour and better health** Pre-booked delegates but please visit the NSK stand in the exhibition for available slots.

09:00-10:00	**Plenary session**
09:00-09:15	**President's welcome and end of presidency speech** *Rhiannon Jones, President, BSDHT*
09:15-10:00	**Plenary speaker: Addressing health inequalities for children and young people with disabilities in the UK** *Dr Urshla Devalia, Consultant Paediatric Dentist, National Lead for Mini Mouth Care Matters, and Immediate Past President for the British Society of Paediatric Dentistry*

10:00-10:40	**Refreshments, exhibition and posters**
10:05-10:20	**Mini session by Young Innovations**: **American Eagle Innovation in hand instrumentation** *Tracy Doole, Dental Hygienist* This 15-minute session will showcase the latest developments in minimally invasive hand instrumentation, with a focus on the manufacturer's innovative instrument designs, features and clinical applications. It will explore the range of instruments available, highlighting their design, functionality, precision and ergonomic benefits, and how these advancements can support clinicians in delivering effective, minimally invasive procedures.

10:40-11:40	**Parallel sessions A**	
	A1: Different roles, shared goals - the importance of team work *Dr Ian Dunn, Specialist Periodontist, and Helen Minnery, Dental Hygienist* *(supported by Oral-B)*	**A2: Oral nicotine pouches - an evidence-based view of the trends, risks and health outcomes** *Dr Latha Davda, Civilian Dental Surgeon, Ministry of Defence*

11:45-12:30	**AGM**
11:45-12:30	**BSDHT Annual General Meeting (AGM)**

12:30-13:30	**Lunch, exhibition and posters**
12:55-13:25	**Sponsored session by Oral-B: Beyond the brush: Can toothpaste do more? Exploring the role of stannous fluoride in everyday biofilm control** This session will explore how toothpaste can complement mechanical plaque removal as part of an everyday biofilm-control strategy and considers the role of stannous fluoride as part of everyday preventive care. Translating the science into clinical relevance, we will look at what this means for supporting plaque control and gingival health.

13:30-14:25	Plenary session
13:30-13:40	**President's handover** *Rhiannon Jones, President, and Simone Ruzario, President Elect, BSDHT*
13:40-14:25	**Plenary speaker: Minimally Invasive and patient centred management of dentine hypersensitivity - a sustainable clinical workflow** *Professor Aylin Baysan, Professor of Cariology in relation to Minimally Invasive Dentistry, Queen Mary University of London*

14:30-15:30	Parallel sessions B		
	B1: The behavioural influence on a patient of a clinician's choice of topic-specific words - a pilot study that informs the development of trustable knowledge *Dr Hafeez Ahmed, Periodontist, The Binswood House Dental Practice, Warwickshire*	**B2: Managing the elderly** *Leon Bassi, Clinical Lecturer, Restorative Dentistry (Dental Therapy), University of Liverpool*	**B3: A stitch in time - applying the S3 Guidelines to the management of peri-implant diseases** *Dr Claire C. McCarthy, Head of Dental, Canterbury Christ Church University; and Clinical Teacher and Research Fellow, King's College London* *(supported by Hu-Friedy)* ***(Runs until 15:45)***

15:30-16:00	**Refreshments, exhibition and posters**

16:00-16:55	Plenary session and awards
16:00-16:10	**Award presentations:** • Member of the Year award (sponsored by Admetec)
16:10-16:55	**Plenary: Gingivitis: The silent signal. From new guidelines to everyday practice - challenging perceptions, improving management and putting patients first** *Dr Jeanie Suvan, Clinical Lecturer, Oral Sciences, University of Glasgow; and panel discussion with Professor Emma Bingham, Professor in Dental Hygiene and Dental Therapy, University of Sheffield, and Elected Council Member, BSDHT; and Harriet Elsworthy, Dental Hygienist, and Publications Team Member, BSDHT. Moderated by Alastair Lomax, Director of Gum, DAC, & Family Oral Health New Product Development, Haleon*

19:45 for 20:15	**Friday night party (by purchased ticket only) – Coldra Court Hotel (Coldra Wood, The Usk Valley, Chepstow Rd, Newport NP18 1HQ)**



Saturday 28 November

09:00	**Registration**
09:00	**Exhibition and refreshments open**

Throughout the day	**Hands-on workshops NSK stand on Air polishing & beyond: Biofilm, behaviour and better health** Pre-booked delegates but please visit the NSK stand in the exhibition for available slots.

09:45-10:50	**Plenary session**
09:45-09:55	**Welcome – day 2** *Simone Ruzario, President, BSDHT*
09:55-10:40	**Plenary speaker: Comfortably numb - an update on local anaesthesia** *Professor Tara Renton, OBE, Emeritus Professor Oral Surgery, King's College London; and Honorary Consultant, King's College Hospital*
10:40-10:50	**Dr Gerald Leatherman Award presentation**

10:50-11:20	**Refreshments, exhibition and posters**
10:55-11:10	**Mini session by Oral-B: Making every minute count: Practical toothbrushing coaching in a time-pressured appointment** Drawing on real-life clinical experience and the practical realities of a time-pressured appointment, this session demonstrates how Oral-B Test Drive can be integrated efficiently into routine care to support personalised, hands-on toothbrushing coaching. The focus is on turning oral hygiene advice into practical skills and achievable actions that patients can take home.

11:20-12:20	**Parallel sessions C**		
	C1: Oral bacteria - friend or foe? *Dr Victoria Sampson, Founder, THS Labs (supported by EMS)*	**C2: Change is your sign - advancing policy action for beginners** *Dr Rachael England, Head of Policy and Advocacy, Oral Health Foundation*	**C3: When the barrier is in the system, not the patient - making dental care more accessible for neurodivergent people** *Dr Annie Clements, Founder & Chief Executive, Autism and ADHD*

12:25-13:25	**Parallel sessions D**		
	D1: Clinical imaging in periodontics - transforming patient management *Dr Jumoke Adeyemi, Senior Clinical Lecturer and Honorary Consultant in Periodontology, University of Liverpool*	**D2: MiC: Masterclass in communication** *Dr Jin J Vaghela, Clinical Director & Clinical Educator; and Dr Ali Chohan, Clinical Adviser, NHS England & Clinical Adviser, GDC* ***(Runs until 13:40)***	**D3: Back to reality - what everybody needs to know about back pain** *Conor Creedon, Back Pain Specialist Physiotherapist, and Associate Lecturer, CCCU*

13:25-14:25	**Lunch, exhibition and posters**
13:45-14:15	**Sponsored session by LISTERINE®: Mouthwash Masterclass: Myths and evidence** Laura Bailey and Benjamin Tighe will put some mouthwash myths under the spotlight during the LISTERINE® Professional Masterclass and why the evidence may prompt you to think again.

14:25-15:25	**Parallel sessions E**		
	E1: Managing peri-implant diseases - diagnosis, therapy and referral pathways *Dr Crystal Marruganti, Dentist with Special Interest in Periodontics, Researcher, and Educator*	**E2: Bridging the gap - evidence and enablers of minimally invasive dentistry** *Heather Lundbeck, Clinical Lecturer in Paediatric Dentistry, Cardiff University*	**E3: Getting the wider team looking, thinking, and seeing dental sleep and airway problems** *Dr Aston Parmar, Dentist with a specialist interest in Dental Sleep Medicine*

15:30-16:25	**Plenary session and awards**
15:30-16:15	**Holes and pockets - oral health perspectives from The Two Profs** *Fireside chat with Professor Iain Chapple, Clinical Professor of Periodontology, University of Birmingham & Birmingham NIHR Biomedical Research Centre (BRC) in Inflammation; Professor Avijit Banerjee, Professor of Cariology & Operative Dentistry, King's College London, & Hon Consultant, Restorative Dentistry, Guy's & St Thomas' NHS Foundation Trust; and Miranda Steeples, Past President, BSDHT, and DCP Adviser, DDU (session supported by Oral-B)*
16:15-16:20	**Award presentations** • Poster competition winners
16:20-16:25	**Closing comments** *Simone Ruzario, President, BSDHT*

16:25	**Close of conference**